

experience The glow

Whether you are looking for a new approach to skin health or choose to combine skin care services with traditional medical and aesthetic services, our licensed dermatology aesthetician can help.

midwestderm.com



(402) 933-0800

Midwest Dermatology - Lakeside  
2323 South 171st Street | Omaha, NE

Midwest Dermatology - Dodge Street  
8601 West Dodge Road | Suite 240 Omaha, NE



## SkinPen® Microneedling\* .....\$350

Microneedling, also known as Collagen Induction Therapy, stimulates the production of collagen to strengthen and tighten the skin. Perfect for a light rejuvenation or treatment of acne scars.

### SKIN PEN ADD-ONS

Neck .....\$100  
Décolletage .....\$150

\*SKIN CARE CONSULTATION REQUIRED BEFORE BOOKING MICRONEEDLING.

## Extractions



### ACNE EXTRACTION ONLY\*

Gentle, professional extraction to remove blackheads and papules on the face for acne prone skin. Includes a deep cleanse and finishing product. Schedule every 1-2 weeks for acne correction and every 4-6 weeks for maintenance with clear pores. Perfect for mild acne.

Face .....\$40

### DEEP PORE CLEANSE .....\$65

Start with a purifying cleanse and light massage using a professional grade wash, followed by acne extraction, mask for targeted treatment and a finishing product. This treatment is designed to be corrective. If you have moderate acne, Deep Pore Cleanse is the most recommended aesthetic treatment by Midwest Dermatology physicians.

### BACIAL BACK TREATMENT .....\$125

Treating your back on your own can be tricky! Let us get to all those "hard to reach spots" and target all your back concerns. Includes two cleansing massages, extractions, a masque treatment, and blue or red light therapy.

## Skin Consultation

### SKIN CARE CONSULT .....\$35

Our licensed aesthetician will cleanse your skin, discuss your lifestyle and daily regimen, perform a skin analysis and provide treatment recommendations. Sample products and leave with a fresh application of sunscreen and an easy-to-follow home care regimen.

### SKIN CARE FOLLOW UP .....\$35

This follow up consultation includes review of progress and products, any needed changes to your products or routine and tailored treatment planning.

\*SKIN CARE SERVICES ARE COMPLIMENTARY WITH THE PURCHASE OF PRODUCT OR SERVICES AT THE TIME OF YOUR VISIT.

### NOT SURE WHAT TREATMENT IS BEST FOR YOU?

Simply book a "CONSULT + TREATMENT"! Your consult is **FREE** and we will recommend your service for the day.

## The Extras!



### • DERMAPLANE TREATMENT ONLY .....\$75

A gentle exfoliation treatment that removes the outermost layer of dead skin cells and fine hairs or "peach fuzz", leaving your skin feeling soft and smooth

### • DYNAMIC BROW DUO .....\$40

Add fullness to sparse brows or define your shape with a brow tint. Top it off with a professional brow wax to get those brows in tip top shape!

### • BROW WAX .....\$20

Clean up, shape and sharpen your brows with our professional wax treatment.

### • LASH TINT .....\$20

### • HYDRAFACIAL LIP PERK .....\$50 (includes take home serum)

### • HYDRAFACIAL EYE PERK .....\$50 (includes take home serum)

### • NOSE WAX .....\$15

### • RED LIGHT OR BLUE LIGHT ONLY .....\$50

## Peel Packages - and Save!

### REJUVENIZE PEEL PACKAGE

Package of 3.....\$480  
Package of 6.....\$900

### VITALIZE PEEL PACKAGE

Package of 3.....\$420  
Package of 6.....\$780

### PIGMENT BALANCING PACKAGE

Package of 3.....\$390  
Package of 6.....\$720

### ASK ABOUT OUR HYDRAFACIAL PACKAGES!



## The Total Skin Pen Package

Three treatments for face, neck and décolletage .....\$999  
Great results at a savings of more than \$650!

midwestderm.com



## HydraFacials®



### PLATINUM HYDRAFACIAL (60 MIN) ..... \$250

Our most luxurious corrective HydraFacial treatment begins with lymphatic drainage, addressing your skin's needs from the inside out. Using gentle massage, our aesthetician opens your facial lymphatic system helping drain stagnant fluids and release toxins. Followed by the HydraFacial treatment with booster, exclusive access to 15-30% MD Peel Solution, LED light treatment and your choice of lip or eye perk.

### DELUXE HYDRAFACIAL (45 MIN) ..... \$220

All the essentials of a signature HydraFacial with added boosters to target your specific skin care goals. Choose from anti-aging, skin brightening, redness reducing, and our popular clarifying boosters plus exclusive access to 15% MD Peel solution and LED light treatment.

### ACNE CLARIFYING HYDRAFACIAL (45 MIN) ..... \$200

Deluxe HydraFacial with boosters aimed at acne related concerns. Includes Blue LED Light anti-bacterial corrective treatment.

### SIGNATURE HYDRAFACIAL (30 MIN) ..... \$165

Our pampering HydraFacial treatment combines deep cleanse, light resurfacing and serious exfoliation with painless extractions and deep hydration. Get glowing with this introductory HydraFacial treatment.

### HYDRABODY BACK TREATMENT (60 MIN) ..... \$250

Cleanse, exfoliate, extract and hydrate the neglected skin on your back with this corrective body treatment from HydraFacial. Includes booster and LED light therapy.

### HYDRAFACIAL ADD-ONS

- Neck and Décolletage Treatment ..... \$150
- Lip Perk ..... \$ 40
- Eye Perk ..... \$ 40
- Dermaplane Treatment ..... \$ 50

### HYDRAFACIAL KERVIVE SCALP TREATMENT



HydraFacial Keravive is a unique, relaxing treatment designed to cleanse, stimulate, nourish and hydrate the scalp for **FULLER AND HEALTHIER LOOKING HAIR**. This treatment combines HydraFacial Vortex technology with new Keravive Peptide Complex. Just close your eyes and decompress while we remove debris from weeks and months of product use to infuse your scalp with growth factors and skin proteins, designed to nourish and stimulate hair follicles.

HydraFacial Keravive works best when you commit to a package of three treatments scheduled monthly and regular home use of HydraFacial Keravive Peptide Complex Spray.

- Individual Treatment + Peptide Complex Spray ..... \$400
- Package of 3 + Spray (Save 25%) ..... \$900
- Scalp Exfoliation Treatment (Beta Solution Treatment) ..... \$150

## Facials



### DERMAPLANE FACIAL (75 MIN) ..... \$150

Our most relaxing facial includes time for corrective exfoliation with a gentle blade to remove dead skin cells and vellus hair or "peach fuzz". Your skin will feel soft and smooth and you will love the way products penetrate into your skin.

### CUSTOM FACIAL (50 MIN) ..... \$120

This corrective, luxury treatment starts with an assessment of your skin's current and long-term needs, followed by a relaxing facial that includes a deep cleanse, facial massage, steam treatment, extractions, masque and finishing products. Our aesthetician will develop a home care regimen and follow up treatment recommendations, outlined on your customized take home instruction plan.

### ACNE FACIAL (50 MIN) ..... \$100

Relaxing and corrective facial targeting acne concerns such as inflammation, redness, discoloration and bacteria with exfoliation and extractions. All products used in an acne facial have ingredients that are safe to use with acne prone skin.

### FACIAL ADD-ONS

- High Frequency Treatment ..... \$10
- Blue LED Light Therapy for Acne ..... \$10
- Red LED Light Therapy for Anti-Aging ..... \$10
- Dermaplane Exfoliation Treatment ..... \$50

## Chemical Peels



Safe and effective peels that target everything from acne to sun damage, fine lines and wrinkles, and discoloration. All peels include a cleanse and finishing products. Like all corrective skin treatments, peels work best to improve the skin and meet expectations when done as a series and supplemented with the proper home care products. Schedule a consultation today to find your perfect peel!

### ACNE PEEL ..... \$65

Perfect corrective treatment for patients with mild to moderate acne.

- 20% salicylic acid and 10% mandelic acid
- This is a very superficial peel, perfect for mild acne. Can be used with physician prescribed medications or just by itself.
- Minimal down time with 0-1 day for recovery

### SENSITIVE PEEL ..... \$70

- 12% glycolic, 8% lactic acid, 2% phytic acid, 2% niacinamide
- Superficial peel with the right balance of ingredients for patients with sensitive skin
- Minimal down time with 0-1 day for recovery

### GLYCOLIC PEEL ..... \$85

- 20% glycolic acid (alpha-hydroxy acid or AHA)
- The gold standard of peels, glycolic acid evens skin tone, smooths fine lines and adds glow and luster to your skin.
- This is a light peel with 0-2 days for recovery

### ILLUMINIZE PEEL ..... \$130

- Salicylic acid, mandelic acid, resorcinol, malic acid, phytic acid, panthenol, quilaja, and saponaria bark extract
- We call it our Red Carpet Peel! Improve your skin's clarity in just one visit and leaves your skin glowing and vibrant.
- This peel is on the light end with 0-2 days for recovery

### PIGMENT BALANCING PEEL ..... \$140

- 40% glycolic acid, 10% citric acid, 27% vitamin C, 4% emblica
- Reduces the appearance of hyperpigmentation (brown spots) and other signs of sun damage and evens and brightens your skin tone. Another glowing result for patients with discoloration or mottled skin. Best results are achieved with a series of four peels at four week intervals.
- Some downtime with light peeling and 1-3 days for recovery.

### VITALIZE PEEL ..... \$150

- Salicylic acid, resorcinol, lactic acid, phenylethyl resorcinol and retinol
- Advanced exfoliation and correction with this medium superficial peel from SkinMedica. Targets fine lines and wrinkles and brightens skin for a refreshed look.
- Allow time for recovery after Vitalize Peel. Shedding of the skin may cause redness for 3-5 days.
- A package of three or six peels provides the best corrective result when done regularly.

### ADVANCED CORRECTIVE PEEL ..... \$160

- 14% salicylic acid, 14% lactic acid, 10% phenylethyl resorcinol
- Our newest age defying peel from SkinCeuticals is a medical grade peel for fine lines, tone and pigment correction, including difficult to treat melasma.
- This deep superficial peel of the epidermis has a down time of approximately 5-7 days.

### REJUVENIZE PEEL ..... \$170

- Salicylic acid, resorcinol, lactic acid, panthenol, retinol
- SkinMedica's most powerful peel is a deep, superficial peel that penetrates deep into the topmost layer of your skin. Dramatic improvement in the appearance of lines and wrinkles, melasma, sun damage, acne scarring, and other skin imperfections. Like other SkinMedica, a package of three or six peels is recommended and must be done at regular intervals for best results.
- Plan on shedding and light peeling with Rejuvenize Peel. Recover in approximately 5-7 days.

### TCA PEEL ..... \$250

- 15% trichloroacetic acid, 3% glycolic acid
- Our deepest superficial epidermal peel penetrates up to the dermis (without penetrating) and causes peeling to treat patients looking for significant improvement to wrinkles, brown spots and melasma. Removes damaged skin cells and exfoliates the skin.
- TCA Peels require the most time to recover. Redness and peeling continue for 5-7 days.

### PEEL ADD-ONS

Add a DERMAPLANE TREATMENT before your peel for deeper penetration ..... \$50